

THIS MENU SUBJECT TO CHANGE
WITHOUT NOTICE

February 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
		1 Roast Turkey Dinner w/ Stuffing & Gravy WW Roll Mashed Potatoes Peas Homemade Birthday Cake Orange	2 Homemade Shepherd's Pie WW Roll Brown Rice Seasoned Carrots Pears	3 Chicken Salad Sandwich on WW Bread w/ Lettuce and Tomatoes Vegetable Minestrone Soup Fruit Cocktail
6 Chicken Parm with WW Noodles, Marinara, & Grated Cheese Mixed Vegetables Cantaloupe Strawberry Cupcakes	7 Homemade Broccoli & Mozzarella Quiche Roasted Potatoes Homemade Cornmeal Muffin Yogurt Apple Juice Cantaloupe	8 General Tso's Chicken Brown Rice Spring Rolls Broccoli Peanut Butter Bar	9 Chef Salad w/ Turkey, Ham, Hard Boiled Egg, Shredded Cheese, Croutons WW Roll Pineapple Oatmeal Raisin Cookie	10 WW Breaded Fish WW Roll Oven Roasted Sweet Potatoes Tossed Salad w/ Tomatoes Peaches
13 Roast Beef Sandwich on a WW Roll w/ Lettuce, Tomato & Onion Tomato Tortellini Soup Mandarin Oranges	14 Scrambled Eggs Roasted Potatoes Sausage Patty Homemade WW Blueberry Muffin Yogurt Orange Juice	15 Homemade Meatloaf w/ Gravy WW Roll Mashed Potatoes Seasoned Baby Carrots Raspberry Squares	16 BBQ Pork Roast Cole Slaw Cornbread Green Beans Applesauce	17 Oven Baked Seasoned Chicken Breast Scalloped Potatoes Seasoned Mixed Vegetables WW Roll Cantaloupe
20 Closed for President's Day	21 WW French Toast Hard Boiled Eggs Sweet Potato Tots Yogurt Mixed Melons Apple Juice	22 Roast Pork Loin w/ Mashed Potatoes & Gravy WW Roll Herbed Carrot Coins Lemon Cake w/ Powdered Sugar & Fresh Strawberries	23 Meat Sauce w/ WW Pasta WW Roll Garden Salad w/ Tomatoes Banana	24 Homemade Beef Stew Seasoned Brown Rice Tossed Salad w/ Tomatoes WW Biscuit Pears
27 Beef and Bean Chili w/Cheese and Sour Cream Corn Bread Brown Rice Tossed Salad w/ Tomatoes Pineapple Chunks	28 Sausage Gravy w/ WW Biscuit Hard Boiled Eggs Roasted Potatoes Yogurt Orange Juice Apple Cinn Muffin			