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Waterbury Area Senior Center

2019 Annual Campaign

We are Meals on Wheels so no older Vermonter goes Hungry

WASCA Mission Statement

The purpose of the Waterbury Area Senior Center is to enrich the lives of older persons by providing services and activities that sharpen their minds, improve their physical and emotional health and help keep them active, independent and involved in life.



New Executive Director Introduction

Hello Community Members! Allow me to introduce myself! My name is Jodi LaVanway and I was born, raised and currently live in the Duxbury/Waterbury area. I graduated from Harwood Union High School and worked for my family's business, Buy Monthly Publishing until 2012, becoming the mother of an amazing daughter in 2005. After being in the printing business for over 25 years, I decided to take a leap of faith and apply for the Director position at the Waterbury Area Senior Center.



I find as I get older, I feel the urge to reach out and help others get stronger. Our aging population drew my attention as they tend to get forgotten in this hectic world. It seems to take so little to make a huge difference in their lives, and yet few take that moment to spend with them. My goal is to integrate the local community and available services with our aging population so that no one goes without and avoids slipping into isolation.

We have great resources at our fingertips, and unbelievable support from our community businesses and residents. Often it is a matter of connecting the two to make a great outcome happen. I am excited to grow our events to include both seniors and younger generations, I think there is a lot to be learned from our previous leaders/members. I look forward to creating fundraisers that allow interaction between young and older members of our community.

The support from our community has been phenomenal, and I am truly blessed by all the encouragement and kind words! Please don't hesitate to reach out to me!



Who Do We Serve?

Meals were delivered to **102 individuals** across five different towns. We also served meals at the Center to approximately **109 distinct individuals** throughout the year. Additional older Vermonters also took advantage of our monthly foot clinic, and various other activities.

Town	Individuals
Bolton	6
Duxbury	8
Middlesex	9
Moretown	16
Waterbury	63
Total	102

WE NEED YOU TO HELP FILL THE GAPS!

The Senior Center prepares approximately 475 meals each week which includes delivered meals and the meals served at the Center. We are struggling to cover the increasing costs to the Center. Please review the financial breakdown for our Meals on Wheels program shown on the back of this letter. The Center has only 2.75 paid employees. We depend very strongly on volunteers to help us fill human capital gaps and your generous monetary donations.



Projected 2020 Annual Delivered and Served Meals

Town of Residence	Delivered Meals	Congregate Meals	Average Cost	Federal Reimbursement	Town Appropriation	Amount to be raised by Center
Waterbury	11,550	3,908	\$ 155,001	\$ 41,194	\$ 30,000	\$ 83,807
Duxbury	1,333	451	\$ 17,889	\$ 5,151	\$ 2,500	\$ 10,238
Middlesex	1,555	526	\$ 20,867	\$ 5,795	\$ 10,000	\$ 5,072
Bolton	666	225	\$ 8,935	\$ 3,252	\$ 1,000	\$ 4,683
Moretown	2,665	902	\$ 35,766	\$ 10,308	\$ 4,999	\$ 20,459
TOTALS	17,769	6,012	\$238,458	\$ 65,700	\$48,499	\$124,259



Ongoing Fundraising Efforts:

- Fall Harvest Dinner
- Bingo
- Paint Nites
- Comedy Night
- Catering Meals
- Bakery Items (cookies, cupcakes, pies, Holiday Treats)
- Use of our space for events
- Along with many others!!



Help us Help Older Vermonters!!!

YES! I want to be counted as a supporter of the Waterbury Senior Center!

Please fill out the enclosed card and envelope for your donation or visit our website at www.wasca.org to make your donation.

2019 Delivered Meals	16,154
2019 Congregate Meals	5,465
Total Meals	21,619



Daily /Monthly Activities

Monday 9am	Low Impact Strength Training
Monday 1pm	Mexican Train Dominos
Wednesday 9am	Bingo
Wednesday 1pm	Mexican Train Dominos
Friday 9am	Low Impact Strength Training
Friday 10am	Chair Yoga
Monthly Foot Clinics	
Monthly Historical Society Events	