

14 Stowe Street
Waterbury, VT 05676
(802) 244-1234

www.wasca.org
director@wasca.org

Waterbury Area Senior Center

2018 Annual Campaign

We are Meals on Wheels so no older Vermonter goes Hungry

The purpose of the Waterbury Area Senior Center is to enrich the lives of older persons by providing services and activities that sharpen their minds, improve their physical and emotional health and help keep them active, independent and involved in life.



What Do We Do?

Each day the Waterbury Area Senior Center provides a hot nutritious home delivered (Meals on Wheels) and community meal at our facility in Waterbury. We also provide programs and activities for older Vermonters in our community.

Who Do We Serve?

We provide meals and services to Waterbury, Duxbury, Moretown, Middlesex, and Bolton residents. The population we serve is increasing each day.

Why Do We Serve?

- Vermont ranks number 2 in the U.S. for having the largest number of people over 60 years old.
- More than 95% of the people we serve are disabled or live in low to moderate income households in the five communities we serve.
- More than 59% of the delivered meal recipients live alone. The person delivering their meal each day is sometimes the only person they will see that day.
- 9 out of 10 of our recipients say that Meals on Wheels helps them feel more secure living at home. This delivery not only provides a meal but also provides a much needed safety check for some.

How Do We Serve?

- We only employ 1.75 full time paid staff.
- All delivery drivers, other kitchen staff, Board Members, fundraiser workers are all donating their time as volunteers. **WE COULD NOT FUNCTION WITHOUT THE GENEROUS HELP OF VOLUNTEERS!!!**



 **DONATE NOW**

WE NEED YOU TO HELP FILL THE GAPS!

The Senior Center prepares approximately 450 meals per week which includes delivered meals and the meals served at the Center. We are struggling to cover the increasing costs to the center. On the back of this page, we

have provided a breakdown by town served to show you how much money we need to cover with donations and fundraising for Meals on Wheels and meals served at the Center.





We are here to help
 If you know an older Vermonter in need of a hot meal, medical equipment, and/or social interaction, please have them contact us!!!

Annual Meals on Wheels Projected 2019 Budget for the Waterbury Senior Center

Town Served	Meals delivered	Average Cost	Federal Reimbursement	Town Appropriation	Amount to be raised by Center
Waterbury	10,920	\$117,936	\$39,312	\$30,000	\$48,624
Duxbury	2,548	\$27,518	\$9,173	\$2,500	\$15,846
Middlesex	2,548	\$27,518	\$9,173	\$10,000	\$8,346
Bolton	1,092	\$11,794	\$3,931	\$1,000	\$6,862
Moretown	4,004	\$43,243	\$14,414	\$4,999	\$23,830
TOTALS	21,112	\$228,010	\$76,003	\$48,499	\$103,507



Our Fundraising Efforts:

We fundraise all year long. Some of our annual events are:

- Mother's Day Brunch
- Fall Harvest Dinner
- Hunter's Breakfast

Ongoing Fundraising Efforts:

- Catering Meals
- Bakery Items (cookies, cupcakes, pies, Christmas chocolates)
- Use of our space for events
- Along with many others!!



Help Us Help Older Vermonters!!!

YES! I want to be counted as a supporter of the Waterbury Senior Center! Here are the donation levels:

Angel	\$1001+
Patron	\$501—\$1000
Benefactor	\$101—\$500
Sustainer	\$51—\$100
Contributor	\$1—\$50

Use the enclosed envelope to send us your donation or donate on our website <https://wasca.org>. Please indicate if you'd like your donation to be in memory of a loved one.



Daily /Monthly Activities

Monday 9am	Low Impact Strength Training
Monday 1pm	Mexican Train Dominos
Wednesday 9am	Bingo
Wednesday 1pm	Mexican Train Dominos
Friday 9am	Low Impact Strength Training
Friday 10am	Chair Yoga
Monthly Foot Clinics	